

Team:
Division:
Event:

Team Number:
Day:
Panel:

# Athletes	
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JUMPS & TUMBLING – PREP U6/U8

Comments		Below average/ Low	Average- Above average/ Some	Excellent/ Plenty
	JUMP DIFFICULTY			
	Percent of team participation			
	Difficulty (flexibility and power required)			
	Variety			
	Combinations/connected jumps			
	JUMP EXECUTION			
	Height / Speed			
	Leg position / legs straight / pointed toes / flexibility			
	Landings / control (feet together; chest up)			
	Synchronization / timing / uniformity			
	TUMBLING DIFFICULTY			
	Percent of team participation			
	Degree of difficulty / complexity			
	Variety / combinations			
	Usage of synchronized passes / # athletes per pass			
	TUMBLING EXECUTION			
	Execution of skills (mistakes; finished skills / passes)			
	Positioning / body control			
	Landings (controlled; feet together; chest up)			
	Speed (consistent or building; connections)			
	Synchronization / timing			
	Uniformity of technique			
COLUMN WITH MAJORITY OF CHECK MARKS:				

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JUMPS & TUMBLING RATING		
OUTSTANDING	EXCELLENT	SUPERIOR