



ALLSTAR / PREP BUILDING EXECUTION SCRIPT SHEET

TEAM NAME _____ TEAM # _____

DIVISION _____ # ATHLETES _____

STUNT EXECUTION	Low/Few/ Below Avg	Some/Avg - Above Avg	High/Plenty/ Excellent	PYRAMID EXECUTION	Low/Few/ Below Avg	Some/Avg - Above Avg	High/Plenty/ Excellent
Execution of skills (mistakes, falls, etc.)				Execution of skills (mistakes, falls, etc.)			
Bases: stability; control, stance/posture, catch quality				Bases: stability; control, stance/posture, catch quality			
Top: alignment, body control, flexibility, stability				Top: alignment, body control, flexibility, stability			
Speed & fluidity				Speed & fluidity			
Synchronization / timing				Quality of connections			
Uniformity of technique				Synchronization / timing			
				Uniformity of technique			

S Execution

P Execution

TOSS EXECUTION (N/A for PREP)

	Low/Few/ Below Avg	Some/Avg - Above Avg	High/Plenty/ Excellent		Low/Few/ Below Avg	Some/Avg - Above Avg	High/Plenty/ Excellent
Execution of skills (mistakes; etc.)				Height and uniformity of height			
Bases: stability; control, stance/posture, catch quality				Synchronization / timing			
Top: alignment, body control, flexibility, stability, skill at top of toss				Uniformity of technique			

T Execution