



SCHOOL / COLLEGIATE TUMBLING SCRIPT SHEET

TEAM NAME _____ TEAM # _____

DIVISION _____ # ATHLETES _____

RATIO: MAJORITY / MOST: _____ / _____

| TUMBLING DIFFICULTY | | | | TUMBLING EXECUTION | | | | |
|---------------------------------------------------------------------------------------------|-----------------------|-------------------------|---------------------------|----------------------------------------------------------|-----------------------------------------------------|-------------------------|---------------------------|------------|
| | Low/Few/ Below Avg | Some/Avg - Above Avg | High/Plenty/ Excellent | | Low/Few/ Below Avg | Some/Avg - Above Avg | High/Plenty/ Excellent | |
| % Participation | | | | Execution of skills (mistakes; finished skills / passes) | | | | |
| Degree of difficulty / complexity | | | | | | | | |
| Variety / combinations | | | | | Positioning / body control / height | | | |
| Usage of synchronized passes | | | | | Landings (controlled; feet together; chest) | | | |
| Number of athletes per sync pass | | | | | Speed (consistent or building; connections) | | | |
| | | | | Synchronization / timing | | | | |
| | | | | Uniformity of technique | | | | |
| | | | | Tumbling D | | Tumbling E | | |
| JUMPS & DANCE NOT APPLICABLE FOR COLLEGIATE DIVISIONS | | | | | | | | |
| JUMPS | | | | DANCE & MOTION EXECUTION | | | | |
| | Low/Few/ Below Avg | Some/Avg - Above Avg | High/Plenty/ Excellent | | Low/Few/ Below Avg | Some/Avg - Above Avg | High/Plenty/ Excellent | |
| % Participation | | | | Precision of movement / perfection and technique | | | | |
| Difficulty (flexibility and power req.) | | | | | | | | |
| Variety / combinations | | | | | Energy / confidence displayed / entertainment value | | | |
| Height / speed | | | | | Uniformity of technique & synchronization | | | |
| Position (leg position; legs straight; pointed toes; chest up; hip rotation/hyperextension) | | | | | | | | |
| Landings / control (feet together; chest up) | | | | | | | | |
| Synchronization / timing | | | | | | | | |
| Uniformity of technique / form | | | | | | | | |
| Jumps | | | | Dance/Mot | | | | |
| OVERALL IMPRESSION | | | | | Low/Few/ Below Avg. | Some/Avg - Above Avg | High/Plenty/ Excellent | Overall Im |
| | | | | | Creativity | | | |
| | | | | | Formations & transitions | | | |
| | | | | | Flow | | | |