



ALLSTAR / PREP BUILDING EXECUTION SCRIPT SHEET

TEAM NAME _____ TEAM # _____

DIVISION _____ # ATHLETES _____

STUNT EXECUTION				PYRAMID EXECUTION			
	Low/Few/ Below Avg	Some/Avg - Above Avg	High/Plenty/ Excellent		Low/Few/ Below Avg	Some/Avg - Above Avg	High/Plenty/ Excellent
Execution of skills (control/speed/flow; mistakes; includes load/trans/dismount)				Execution of skills (control/speed/flow; mistakes; includes load/trans/dismount)			
Stability; control during trans; stance (bases & spotters)				Stability; control during trans; stance (bases & spotters)			
Alignment; body control; uniform flexibility (top person)				Alignment; body control; uniform flexibility (top person)			
Synchronization / timing				Synchronization / timing			
Uniformity of technique				Uniformity of technique			
S Execution				P Execution			
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TOSS EXECUTION (N/A for PREP)				BUILDING CREATIVITY			
	Low/Few/ Below Avg	Some/Avg - Above Avg	High/Plenty/ Excellent		Low/Few/ Below Avg	Some/Avg - Above Avg	High/Plenty/ Excellent
Execution of skills (control; pace; mistakes)				Visuals (loads / trans / dismounts)			
Base technique (solid stance; close together; using arms/legs; follow thru; timing; reaching up)				Innovative / unique			
				Intricate ideas / elements			
Top technique (basket position; stands quickly; control; ride to top; pointed toes; hits skill precisely; positioning after skill & during catch; uniform flex.)							
Catch (arms high; close; legs absorb; controlled)							
Synchronization / timing							
Uniformity of height							
T Execution				B Creativity			
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