

**Saskatchewan Cheerleading Association  
DECLARATION OF COMPLIANCE – COVID-19**

Participant's Name (print): \_\_\_\_\_

Participant's Parent/Guardian \_\_\_\_\_  
(if the Participant is under the age of majority)

Email: \_\_\_\_\_

Telephone: \_\_\_\_\_

Saskatchewan Cheerleading Association and its affiliated members (Clubs/Teams), collectively the "Organization", requires disclosure of exposure or illness in order to safeguard the health and safety of all participants and limit the further outbreak of COVID-19. This Declaration of Compliance will be kept safely, and personal information will not be disclosed unless as required by law or with your consent.

A Participant (or the Participant's parent/guardian, if the Participant is under the age of majority) who is unable to agree to the terms outlined in this document is not permitted to participate in the Organization's activities, programs, or services at this time.

This declaration is intended to protect and ensure the safety of all athletes, families and coaches and if the Province of Saskatchewan enacts protective measures that exceed the ones contained in this document, the stricter protocol will be followed.

I, the undersigned being the Participant and the Participant's Parent/Guardian (if the Participant is under the age of majority), hereby acknowledge and agree to the terms outlined in this document:

- 1) The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19 and requires all participants (or their parent/guardian, when applicable) to adhere to the compliance standards described in this document.
- 2) The Participant has not been diagnosed with COVID-19, **OR** if the Participant was diagnosed with COVID-19, the Participant was cleared as noncontagious by provincial or local public health authorities and has completed all mandatory self-isolation periods as required by the Saskatchewan Health Authority prior to the date this Declaration of Compliance was signed.
- 3) The Participant has not been exposed to a person with a confirmed or suspected case of COVID-19; **OR** if the Participant was exposed to a person with a confirmed or suspected case of COVID-19, the Participant has *either* completed all mandatory self-isolation periods as required by the Saskatchewan Health Authority *OR* the date of exposure was more than 14 days prior to the date this Declaration of Compliance was signed.
- 4) The Participant is participating voluntarily and understands and assumes the risks associated with COVID-19. The Participant (or the Participant's parent/guardian, on behalf of the Participant (when applicable)) agrees to assume those risks, including but not limited to exposure and being infected.

- 5) If the Participant experiences any cold or flu-like symptoms (including fever, cough, sore throat, shortness of breath, respiratory illness, difficulty breathing) after submitting this Declaration of Compliance, the Participant will immediately isolate and not attend any of the Organization's activities, programs or services until at least 48 hours have passed since those symptoms were last experienced.
- 6) The Participant has not, nor has any member of the Participant's household, travelled to, or had a lay-over in any country outside Canada, in the past 14 days.
- 7) If the Participant travels, or if anyone in the Participant's household travels, outside the Province of Saskatchewan after submitting this Declaration of Compliance, the Participant will self-monitor for 14 days, then self-isolate and get tested at the first sign of even mild symptoms.
- 8) The Participant is following recommended guidelines, including but not limited to, practicing physical distancing, trying to maintain separation of six feet from others, frequent handwashing, and otherwise limiting exposure to COVID-19.
- 9) The Participant will follow the safety, physical distancing and hygiene protocols of the Organization.
- 10) This document will remain in effect until the Organization, per the direction of the provincial government and provincial health officials, determines that the acknowledgements in this Declaration of Compliance are no longer required.
- 11) The Organization may remove the Participant from participation in the activities, programs or services of the Organization at any time and for any reason if the Organization believes, in its sole discretion, that the Participant is no longer in compliance with any of the compliance standards described in this document.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Participant (If 13 and over)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Parent/Guardian if under the age of majority)