

2009 AGM Minutes Sunday, April 19th, 2009

- Call Meeting to Order @ 11:05am
- Attendance
 - **Executive Members**
 - Mishayla Potts, President
 - ii) Janelle Schaffer, Vice President
 - iii) Diane Klemp, Secretary/Treasurer
 - iv) Denise Norris, Judging Director
 - v) Jennifer Ritchie, Pom Director
 - vi) Bonnie Chepil-Kvamme, School Liaison
 - vii) Alissa Stewart, Member at Large

b) Members

- Estevan Comprehensive High School: Courtney Gress & Tara Eskara
- Bishop James Mahoney: Jaclyn Perpeluk, Terri Arnelien & Carmen Dimnyk
- iii) Rebels Cheerleading: Eric Bestvater
- iv) Prairie Fire Cheerleading: Todd and Christine Knihnitski
- v) Henry Braun: Sarah Clarke & Chelsey Radons
- vi) University of Saskatchewan: Lisa Berry, Taylor Grusie & Lindsay Berges
- vii) Warman High School: Leslie Stevenson & Stephanie Miller
- viii) Campbell Collegiate: Danielle Mally
- ix) Ethel Milliken Elementary: Danielle Ermel x) Aden Bowman: Jonathan Derry
- xi) Bedford Road: Carolyn Parr-Hillestad
- 3) Acceptance of 2008 AGM Minutes
- 4) President's Report presented by Mishayla Potts
 - General welcome and congratulations on a great 2008/2009 season.
 - b) Insurance Summary: The SCA invested \$1200 in director/officer insurance and general liability insurance for this past season. In the future, the SCA will be looking into investing in team insurance. The purchase of insurance will be directly affecting next year's membership fees.
- 5) Financial Report presented by Diane Klemp

2006-2007 SCA Financial Summary

	Revenue	Expenses	Total Income
Memberships	1,540.00	0.00	1,540.00
Judging Clinics	645.00	0.00	645.00
Supplies	0.00	957.36	-957.36
Banking	0.00	138.57	-138.57
Postal Services	0.00	0.00	0.00
Provincials	7,303.35	6,362.25	941.10
Sponsors	3,250.00	0.00	3,250.00
Transportation & Accommodation	0.00	350.00	-350.00
Misc.	0.00	354.88	-354.88
Total	\$12,738.35	\$8,163.06	\$4,575.29

Updated: 4/19/2008

6) Special Orders

- a) Introduction & Election of New Executive Members
 - Acclamations:
 - (1) President Mishayla Potts
 - (2) Vice President Faye Matt
 - (3) Executive Director Diane Klemp
 - (4) Secretary Chelsea Dorn
 - (5) Stunt Judging Director Katie Kohuch
 - (6) Competition & Events Director Lindsey Brock
 - (7) Member at Large Denise Norris
 - (8) Member at Large Bonnie Chepil-Kvamme
 - (9) Member at Large Jennifer Ritchie



- ii) Elections:
 - (1) Pom Judging Director Alissa Stewart, Natasha Ford

b) Motions

i) Rule Revision #1

Submitted by: Hillary Ibbott Neiszner (Executive) Seconded by: Alissa Stewart (Executive)

New Rule

Bylaws | Honorariums

\$2500 of SCA funds should be set aside for Executive honorariums to be awarded to Executive members at the conclusion of each season based upon the amount of work completed and service provided over the course of the season. The value of the honorariums and the recipients will be determined by a majority Executive vote at the final Executive meeting of each season. Total not to exceed \$2500.

Rationale

- Several Executive portfolios require a great deal of work (up to 40 hours/week) and travel as well.
- In order to attract people to the SCA Executive and/or retain Executive members, we need more incentive.
- Currently the ACA provides honorariums to several Executive members and one Executive position (Executive Director) is a paid, salaried position.

Other Rules Affected

Discussion Notes

Passed [x] Denied []

ii) Rule Revision #2

Submitted by: Denise Norris (Executive) Seconded by: Diane Klemp (Executive)

Modify Existing Rule

Bylaws | Sanctioned Competitions | Compensation | Judging Duties

The SCA does not enforce compensation for judging services. If the competition host chooses to provide compensation, the SCA recommends the following payment structure:

The competition host will be responsible for providing an honorarium to each judge at all SCA sanctioned competitions based on the number of routines they judge:

No. of Teams Competing No. of Routines Judged	Minimum Payment
<10	\$20 \$25
10 – 15	\$30 \$40
16+	\$40 \$50

Rationale

• It is hard to secure judges. If they know in advance that they will be paid and what the amount is they are to receive it may recruit more judges.

Other Rules Affected

Discussion Notes



*This is a minimum payment, mileage is optional and determined by the competition host.

Passed [x] Denied []

iii) Rule Revision #3

Submitted by: Mishayla Potts (Executive)

Seconded by: Janelle Schaffer (Campbell Collegiate)

New Rule

This motion allows for the creation of rules to outline eligibility to attend the Provincial Championship, competition host responsibilities, and a clean-up so that rules are in coherent sections.

Addition of the following Sections to Rule 1 (other sections will bump down in numeric order):

Move these two rules from Rule 1, Section 1 to Bylaws - Membership & Dues

Replace Bylaws - Membership & Dues #2 with:

2. In order to attend SCA sanctioned events, teams must hold a current SCA Membership. Memberships must be received by January 31st of each competition year, or before the attendance at an SCA sanctioned competition (whichever occurs first) in order to compete that season.

Add to Bylaws - Membership & Dues #3:

- 3. A school team must have a school board employee or school board designate, 19 years or older, designated as the coach/advisor who will:
- a. Accompany the team to all SCA sanctioned events.
- b. Sign all registration forms and sign in at all SCA sanctioned events.
- c. The school board designate must have a letter signed by the school principal stating that he/she is responsible for the teams' activities.

Any school that does not adhere to this policy will not be allowed to participate in SCA sanctioned events.

(Article 3 and 4 merged together)

New Section 1 - Competition Host Responsibilities

Article 1 – Competition hosts must hold a current SCA Membership in order to host a SCA sanctioned competition. The host shall have their membership purchased by the required deadline (Section 1, Article 2) OR prior to the commencement of the competition, whichever occur first.

Article 2 - A medical advisor (i.e. Saint John's Ambulance, athletic therapist) must be provided by the event host. The Safety Judge reserves the right to cancel or postpone an event if medical advisors are not in attendance. The medical advisor must be in the competition area at all times. They must be present at practice mat times, competition times, and must have adequate supplies with them.

(Moved from Section 1, Article 5)

Article 3 - Host schools administer competition fees. Fees will not be refunded if a team decides to withdraw from the competition after the registration deadline has passed.

(Moved from Section 1, Article 6)

Section 3 - Eligibility

Article 1 – All teams attending a SCA sanctioned competition MUST adhere to the SCA Rule Book. (Moved from Section 1, Article 1 and wording changed to encompass all attendees at a competition)



Article 4 - Teams from outside of Saskatchewan do not need to purchase an SCA Membership to attend an SCA sanctioned event, but MUST adhere to the rules in the SCA Rule Book.

(Moved from Section 1, Article 2 and fleshed out)

Section 4 - Provincial Championship Eligibility

Article 1 – Teams must attend at least one SCA Sanctioned Competition in the current competition season prior to the Provincial Championship in order to be eligible to attend.

Article 2 – Teams must be in good financial standing with the SCA. If a team has not paid their membership fee by the required deadline (see Article 2 above), they are ineligible to attend the Provincial Championship. No exceptions.

Rationale for Revision

- Clearly states requirements
- · Puts coherent items together

Other Rules Affected

Membership & Dues #5 and #6 must have dates updated.

Discussion Notes

Further specify that medical advisor must be in the competition area at all times, practice mat times, competition times, and must have adequate supplies with them.

Passed [x] Denied []

iv) Rule Revision #4

Submitted by: Mishayla Potts (Executive)

Seconded by: Janelle Schaffer (Campbell Collegiate)

Modify Existing Rule

Rule: 1 Section: 6 Article: 3 Page: 10

Article 3 - In the event of a tie, the team with no or fewer penalties will be ranked above the team with more penalties. If both teams are still tied, then the team with the higher score after the top and bottom scores are removed highest combined execution scores will be ranked higher. If both teams are still tied they will be considered tied in the final standings. In the event of a tie in the final standings, the trophy will be given to the team whose competed first in the competition. The host school will then be responsible for purchasing another trophy and providing it to the other team.

Rationale for Revision

- Another tool to resolve ties.
- Saves the cost of another trophy.

Other Rules Affected

Discussion Notes

Modification: team with the highest combined execution scores will be ranked higher.



Passed [x] Denied []

v) Rule Revision #5

Submitted by: Christine Schoenroth (Vanier Collegiate)

Seconded by: Mishayla Potts (Executive)

Modify Existing Rule

Rule: 1 Section: 6 Article: 5 Page: 10

Article 5 - All SCA sanctioned competitions shall have numeric placings (first, second, third), regardless of the number of teams competing in each division. When there is only one team in a division, the competition host has the choice to offer a gold/silver/bronze placement for that team instead of a first place award. If the competition host makes this choice, the following ranges must be followed based on the team's final score:

Gold: 75-100% Silver: 65-74% Bronze: 0-64%

Rationale

- This year each competition set their own ranges, making it inconsistent from one competition to the next.
- One competition set an 85% first place standing which no stunt team in any division achieved this year.
- As an example, at the Greenall competition this year, the first place pom team scored 71.5% and the first place senior large stunt team scored 74.6%.

Other Rules Affected

Discussion Notes

Passed [] Denied [x]

All SCA sanctioned competitions must have numeric placements in all divisions, regardless of the number of teams entered.

vi) Rule Revision #6

Submitted by: Jennifer Ritchie (Executive)

Seconded by: Tao Chamberlin (Marion Graham Pom)

Modify Existing Rule

Rule: 1 Section: 7 Article: 2 Page: 11

1. The Judging Director will address your concerns in a letter via email within 7 days after receiving the complaint, and after consulting with the judges and/or persons concerned. This response will also be sent to those individuals CC'd in the original complaint letter as well as to any other team's coach(es) and/or teacher supervisor(s) if the concern is about a team other than your own.

Rationale

- To allow all concerned parties the opportunity to explain/discuss.
- In the interest of full disclosure, fairness & sportsmanship.

Other Rules Affected

Discussion Notes

At the SCA's discretion, the original letter that is sent to the SCA will be forwarded to the team who is addressed in the letter.



Passed [x] Denied []

vii) Rule Revision #7

Submitted by: Denise Norris (Executive) Seconded by: Diane Klemp (Executive)

Modify Existing Rule

Rule: 2 Section: 1 Article: 1 Page: 12

Division	Grades Allowed	No. of Members	No. of Males	Rules to Follow
Senior Limited	9 – 12	5 – 25	Unlimited	Senior Limited

Addition of a Senior Limited cheer category for grade 9 -12 students. This division will follow Elementary/Junior rules with the addition of two-legged extended stunts (no one legged stunts at the extended level will be permitted) and up to the Intermediate level of Tosses (i.e. toe touch, single twist). Dismounts, stunts, and mounts will only be permitted to attain the intermediate level as well. The highest score a team in the Senior Limited division could reach for stunting DOD is a 6.

Option 1:

Change the age range for Senior Limited category to include grades 7 & 8. This will help with small town high schools that do not have enough athletes to create a junior team.

Option 2:

Take out all twisting elements, including single twist toss, and twist cradles. Does not include ½ twist mounts to shoulder level stunts.

Rationale

It is difficult for new teams that are just starting out to compete with teams that have been together for years. This will give the opportunity for viable competition to the new teams with safety in mind. Having an option to still compete but at a lower level but still in a senior category so they are not breaking rules by trying to enter in a junior division or not allowing some senior members on the team so the team can compete at a junior level. Teams will not be allowed to have two senior teams from one school, a JR team will stay in a junior category.

Option 1:

This will benefit small town high schools that can only have one team due to numbers of athletes or lack of coaches.

Option 2:

Take out all twisting elements for safety purposes, newer teams often don't have the spotting experience.

Other Rules Affected

Related material and score sheets would have to be updated to include changes.

Discussion Notes

Many different viewpoints and discussion on this.

Motion:	Passed []	Denied [x]
Option 1:	Passed []	Denied [x]
Option 2:	Passed []	Denied [x]



viii) Rule Revision #8

Submitted by: Mishayla Potts (Executive)

Seconded by: Janelle Schaffer (Campbell Collegiate)

New Rule

Rule: 2 Section: 1 Article: 1 Page: 12

Motion to add a division for Collegiate All-Girl Group Stunt and Collegiate Co-ed Partner Stunt. Competition hosts can choose whether they want to offer these divisions.

The Collegiate All-Girl Group Stunt and Collegiate Co-ed Partner Stunt competitors will follow USASF Level 6 specification. All-Girl Group Stunt will allow 4-5 female members and the Co-ed Partner Stunt will allow 1 male and 1 female member.

This division will use the same Girls 5/Co-ed Partner score sheets as School/All-Star. (With the passing of the motion to strike a committee to review the allocation of marks on the score sheets, this sheet will be up for discussion as well).

With the passing of this motion, the following elements will be added to the Toss DOD scale for Collegiate Teams.

Tosses

Beginner	Novice	Intermediate	Advanced	Elite
		Collegiate	Collegiate	<u>Collegiate</u>
		Back tuck	X-out	Layout Full
			Layout	

Rationale

- Gives collegiate athletes a great chance to perform their routine in the province.
- Fosters involvement of collegiate teams in our competitions.
- Gives the younger athletes something to look forward too.
- Puts us at par with what other provinces do and what is done nationally.
- Helps generate a continued interest in cheerleading so that athletes continue to stay involved.

Other Rules Affected

Discussion Notes

Remove the co-ed stipulation on partner stunt and further clarify that group stunt can be only either gender – either all-girl or all-guy.

Passed [x] Denied []

ix) Rule Revision #9

Submitted by: Denise Norris (Executive) Seconded by: Diane Klemp (Executive)

Modify Existing Rule

Rule: 4 Section: 1 Article: 4 Page: 13

Motion to clarify and to reduce maximum deduction from 15 to 10.



Article 4 – A 5 point deductions will be made for falls during technical skills (top falls but only feet touch ground, technical error in gymnastics, touch down of hands, land on knees or bottom, trip and fall, fall from any element in dance or cheer). or other obvious A 10 point deduction will be made for severe technical mistakes (top falls to the floor, individual trips and/or falls, or a technical error in gymnastics skills top falls on back, head, lands on other bases and they fall as well, top is not caught at all, technical error in gymnastics landing on face, neck or back) during the performance.

(DEDUCTION: 5 or 10 Points for each occurrence)

Rationale

This will reduce confusion for coaches in varying safety deductions. Eliminating pressure from the safety
judge to determine how severe of a fall it is.

Other Rules Affected

Discussion Notes

Passed [x] Denied []

x) Rule Revision #10

Submitted by: Stephanie Miller (Warman)

Seconded by: Jaclyn Perpeluk (Bishop James Mahoney)

Modify Existing Rule

Rule: 4 Section: 1 Article: 4 Page: 13

Motion to change the minimum deduction for falls during technical skills from 5 to 1.

Article 4 - Deductions will be made for falls during technical skills or other obvious severe technical mistakes (top falls to the floor, individual trips and/or falls, or a technical error in gymnastics skills) during the performance.

(DEDUCTION: 5 1-15 Points for each occurrence)

Rationale

In order to encourage tumbling in Saskatchewan, the minimum deduction should be lowered for a minor "fall" such as touching your hand down for balance after a tumbling inversion (i.e.; punch fronts). Teams are removing some of the tumbling that they have because the deductions are higher then the individual tumbling skill would be. Falls would still be at the judges' discrepancy and would still be penalized accordingly.

Other Rules Affected

If Rule Revision #4 is accepted, this will be added to the beginning of Article 4:

Article 4 – A 1 point deduction will be made for minor fixes to gain balance during Gymnastics technical skills (lightly touching the floor with hands to gain balance after a tumbling pass has been completed).

Discussion Notes

Passed [x] Denied []

xi) Rule Revision #11

Submitted by: Denise Norris (Executive) Seconded by: Diane Klemp (Executive)

Modify Existing Rule



Rule: 4 Section: 2 Article: 1 Page: 14

Motion to clarify and to reduce maximum deduction from 15 to 10.

Article 1 - Spotters must actively spot and provide assistance is necessary. They may change If their assistance may have changed the outcome of a stunt or prevent the top from hitting the floor, a deduction will be taken according to potential severity of the fall. If the fall would have been minor a 5 point deduction will be taken and if the fall would have been severe a 10 point deduction will be taken. (DEDUCTION: 5 or 10 Points for each occurrence).

Rationale

- This will reduce confusion for coaches in varying safety deductions.
- Eliminates pressure from the safety judge to determine how severe of a fall it is and improves consistency amongst competitions.

Other Rules Affected

Discussion Notes

Passed [x] Denied []

xii) Rule Revision #12

Submitted by: Janelle Schaffer (Campbell Collegiate)

Seconded by: Mishayla Potts (Executive)

Modify Existing Rule

Replacement of Rule 5 Section 2 for School Stunt Teams

I am proposing that the SCA adapt the NFHS (National Federation of State High School Associations) Spirit Rule Book for all school stunt divisions. This is the most widely used set of cheerleading school stunt team rules in North America. At the end of each competition season, the SCA would order an updated set of NFHS rules and apply them for the upcoming SCA season. The changes would be reflected in the Rule Book and replace the current Rule 5 – Limitations, which specifies what is not legal for teams to do, as well as update some definitions. The current divisions, routine requirements, deductions, score sheets, DOD and DOE scales will not be affected.

One of the differences between our current rules and the NHFS rules is that they do not allow extended level connecting stunts in a pyramid (paper dolls). We are currently one of the only provinces that allows this, and it is tough for teams that travel as they have to change their routine. One of the other differences is that the NFHS rules state that a team cheer must be done without music. With the adaption of this rule set, we would have to follow this. This would also be consistent with other provinces and make travel easier for teams.

Elementary/Junior limitations will have to be drawn from the NFHS rules as they currently only address senior teams. The Alberta Cheerleading Association has done this.

If this motion is approved, the differences between our current rules and the NFHS rules will be addressed at the Coaches' Conference as well as through a Summary of Changes document. The SCA would make many efforts to educate coaches' on the few changes that would result.

Rationale

- As Saskatchewan teams continue to travel outside our province, this would help eliminate changes in the
 routine to adapt to different rule sets.
- Bring Saskatchewan in line with other provinces.
- Rules in the Limitations section of our rule book would no longer be eligible for revision by our membership body as they would be drawn directly and fully from the NFHS rules.

Other Rules Affected



Discussion Notes

More research, clarification, and discussion should occur so that teams are informed on this, then they can vote whether to adopt this rule set.

Passed [] Denied [x]

xiii) Rule Revision #13

Submitted by: Mishayla Potts (Executive)

Seconded by: Todd Knihnitski (Prairie Fire Cheerleading)

New Rule

Creation of Rule 5 Section 2 for All-Star Stunt Teams

Motion to adopt USASF (U.S. All-Star Federation)/IASF (International All-Star Federation) rules & divisioning for All-Star teams in Saskatchewan. (http://usasf.net/safety/cheerrules). This includes exceptions to the rules as listed below.

1. Divisions

The SCA will adopt the following USASF/IASF Divisions & Levels

Divisions	Age	Female/Male	Number on Team	Levels
Tiny				
Tiny	5yrs & younger	Female/Male	5-36 Members	1*
Mini				
Mini	8yrs & younger	Female/Male	5-36 Members	1, 2
Youth				
Youth	11yrs & younger	Female/Male	5-36 Members	1, 2, 3
Junior				
Small Junior	14yrs & younger	Female/Male	5-20 Members	2, 3, 4
Large Junior	14yrs & younger	Female/Male	21-36 Members	2, 3, 4
Senior				
Senior Open	18yrs & younger	Female/Male	5-36 Members	2, 3, 4
Small Senior All-Girl	12 yrs – 18 yrs	No Males	5-20 Members	3, 4, 5
Large Senior All-Girl	12 yrs – 18 yrs	No Males	21-36 Members	3, 4, 5
Senior Limited Co-ed	12 yrs – 18 yrs	1-4 Males	5-36 Members	3, 4, 5
Senior Unlimited Co-ed	12 yrs – 18 yrs	5+ Males	5-36 Members	5
Senior Co-ed Partner Stunt	12 yrs – 18 yrs	1 Male, 1 Female	2 Members	5
Senior All-Girl Group Stunt	12 yrs – 18 yrs	Female	4-5 Members	5
Open				
Open Co-ed Partner Stunt	18 yrs & Older	1 Male, 1 Female	2 Members	6
Open All-Girl Group Stunt	18 yrs & Older	Female	4-5 Members	6

The list above is a "menu" of divisions that may be offered by an individual event producer. If a producer decides to offer an all-star division they must be ready to accommodate the above divisions and levels. However, an event producer may combine/split divisions from the grid above based upon the guidelines below. For help determining what is needed for your event, consultation with the SCA is recommended.

The maximum size for a team is 36 competitors on the floor for the 2009-2010 season.

The age of the competitor as of Aug 31, 2009 will be the age used for competition purposes throughout the 2009-2010 season for all divisions. The USASF/IASF recognizes the concern with fielding teams of a broad age range and will continue to address this, with the goal of bottom and top age restrictions for **all** divisions in the future. The USASF/IASF and the SCA highly recommend that individual gyms/programs be vigilant in monitoring participants of various ages on the same team and that, whenever possible, a team's composition is made up of participants of similar ages.



The SCA strongly recommends that athletes perform skills appropriate to their age and that coaches are responsible and reasonable in their decisions regarding this recommendation. The SCA reserves the right to assign teams to the division appropriate to their team composition for all SCA Sanctioned Competitions.

2. Division Combining

SMALL/LARGE COMBINING

For previously designated "Small" and "Large" divisions based on total team size (see above chart), competition hosts will combine "Small" and "Large" teams into one division when there are not at least 2 teams registered for each of these respective divisions. (Exception: Divisions will not be combined if a gym has both a "Small" and a "Large" team competing in the same category, so as to avoid having a gym compete against itself.)

- This allows the Small Junior Division and Large Junior Division to be combined into a Junior Division.
- This allows the Small Senior All-Girl Division and the Large Senior All-Girl Division to be combined into a Senior All-Girl Division.

SENIOR OPEN COMBINING

Senior Open at all levels will be combined with their similar "Senior" divisions (Small Senior, Large Senior, Senior Coed) if there are not at least **two** or more teams in the Senior Open division for that level.

INDIVIDUAL/GROUP STUNT/ PARTNER STUNT COMPETITION

The divisions of "Girls 5" and "Co-ed Partner may be offered by a competition host at their discretion. The age and level designated above must remain in place for stunt divisions (i.e. no Mini Stunt Group may perform at Level 5).

3. Exceptions to USASF Rules SCA Sanctioned Competitions:

NOTE: Bottom level ages have been added.

Level 1* - Tiny

Stunts

Stunts cannot exceed a height of 1 ½ persons high. Thigh stands and variations are allowed as are V sits when held at the bases' shoulder level.

Level 6

Dismounts

Back flips into cradles from shoulder level require 2 catchers PLUS a catcher for head/neck (third). This applies to double-based skills as well as two person partner stunts.

Pyramids

Free flipping mounts will NOT be permitted.

Rationale

- To address the growth of All-Star cheerleading in Saskatchewan
- To bring us up to par with the standards of other provinces. The following provinces use USASF Rules and Divisions/Levels:
 - o BC Cheerleading Association
 - o Alberta Cheerleading Association
 - o Ontario Cheerleading Federation
 - Fédération de Cheerleading du Québec
 - Newfoundland and Labrador Cheerleading Athletics
- To foster the ability for out-of-province All-Star teams to be able to compete in Saskatchewan
- To make it easier for Saskatchewan All-Star teams to compete out of province (or country)

Other Rules Affected



1. Rule: 2 Section: 1 Article: 1 Page: 12

Article 1 - The SCA recognizes the following competitive divisions for SCA sanctioned competitions. School and All-Star divisions may not be combined UNLESS the all-star team requests to be included within the school division, competes under school rules and has the ability to win a school division championship as long as the all-star team does not have members who are also on a school team competing in the same division. This must be requested before the competition's registration due date. (NEW 2008-2009)

The passing of the above motion will result in the removal of this rule.

2. Rule: 1 Section: 1 Article: 3 Page: 9

* New Rule - Insert as Article 3 and bump the remaining articles down in order.

Article 3 – All-Star teams must carry adequate sports insurance for their athletes and coaches throughout the competition season in order to be eligible to compete at any SCA Sanctioned event. All-Star teams must complete a Proof of Insurance Form along with their Membership Application at the beginning of the season (see Article 2 above).

The passing of the above motion will result in the inclusion of this rule.

3. Bylaws - Memberships & Dues #3

Regular membership is open to any person(s) associated with a school or all-star cheerleading team residing in Saskatchewan. Any given school Teams may purchase up to two (2) regular memberships. Each membership earns a vote at the Annual General Meeting (double regular membership receives 2 votes). Teams with double regular memberships must have two representatives present to receive their two votes – one person per vote. Registration must be accompanied by a complete team list, which includes a faculty advisor, coaches, cheerleaders and alternates with grades, and signed by the principal of each registering school.

Updated to include All-Star.

4. Score Sheets

The passing of the above motion will result in the striking of a committee of interested members that shall create score sheets for the all-star divisions.

The committee will meet in the summer time, coordinated by Mishayla and consisting of any member that is interested. The committee will forward it's suggested score sheets to the Executive and the Executive must have a majority vote to make the score sheets official for the 2009-2010 competition season.

5. Toss DOD Scale

With the passing of this motion, the following elements will be added to the Toss DOD scale for All-Star Open Teams (adult divisions).

Beginner	Novice	Intermediate	Advanced	Elite
		All-Star Open Cheer	All-Star Open Cheer	All-Star Open Cheer
		Back tuck	X-out	Layout Full
			Layout	

Discussion Notes

Passed [x] Denied []



Submitted by: Jade Baiton (Rebels Cheer Athletics)

Seconded by: Mishayla Potts (Executive)

Modify Existing Rule

Rule: 2 Section: 1 Article: 1 Page: 12

Article 1 - The SCA recognizes the following competitive divisions for SCA sanctioned competitions. Only School Girls 5 and All-Star All-Girl Group stunt divisions may not be combined UNLESS. The All-Star All-Girl Group team requests to be included within the school division, MUST competes under school rules and has the ability to win a school division championship as long as the all-star team does and MUST not have members who are also on a school team competing in the same this division. This must be requested before the competition's registration due date and will be provided at the competition host's discretion.

Rationale for Revision

Currently, these groups have minimal competition.

Other Rules Affected

Discussion Notes

Passed [] Denied [x]

xv) Rule Revision #15

Submitted by: Denise Norris (Executive) Seconded by: Diane Klemp (Executive)

Modify Existing Rule

Dismount DOD Scale

Remove The Cradle with Double twist and one additional non-twisting element. From the Dismount scale pg. 17

Dismounts

Beginner	Novice	Intermediate	Advanced (+1 DOD)	Elite (+1 DOD)
Pop from Chair	Cradle from pre- extension level	Cradle with single skill	Cradle with double twist	Cradle with double twist and one additional non- twisting element
Sponge Down	Pop from pre- extension level			

Double Twist will be score as a 9 unless more than 50% of the team is performing this skill it would then be scored as a 10.

Rationale

Double twists are difficult enough for teams to attempt let alone putting in another skill.

Other Rules Affected

Discussion Notes



Passed [x] Denied []

xvi) Rule Revision #16

Submitted by: Denise Norris (Executive) Seconded by: Diane Klemp (Executive)

Modify Existing Rule

Toss DOD Scale

Remove 'double twist with one additional non-twisting element.'

Rationale

- This possibly interpretation of the 'one additional non-twisting element' part of the skill is unsafe and too
 advanced for high school level.
- Safety issue for teams to be attempting this skill.

Other Rules Affected

Discussion Notes

Passed [] Denied [x]

xvii) Rule Revision #17

Submitted by: Mishayla Potts (Executive)

Seconded by: Janelle Schaffer (Campbell Collegiate)

Modify Existing Rule

Motion to shift some of the toss skills in the DOD scale:

Tosses

Beginner	Novice	Intermediate	Advanced	Elite
Straight Ride	Single Kick	Surprise	Double Twist	Kick Double
Peter Pan	Single Twist	Scissor/Switch Kick	Kick Full	
Star	Pike	Around-the-world	Single twist with additional non-twisting element	Double twist with additional non-twisting element
	Toe Touch	Collegiate/All-Star Open Back tuck	Collegiate/All-Star Open X-out Layout	Collegiate/All-Star Open Layout Full

Rationale

- Need more room for assessing tosses as some teams are performing advanced tosses quite well.
- Rationale behind which tosses belong in which category:
 - Novice 1 element tosses either involving one or both legs raised at or above waist level, or 1 twist element
 - Single kick
 - Single twist
 - Pike
 - Toe Touch
 - Intermediate 2 element tosses



Surprise: ball, x

Switch kick: 1 kick, 1 alternating kick

Around-the-world: pike, splits

Advanced – 2 element tosses with at least 1 being a twist

Double twist: twist, twist

Kick full: kick, twist

Twist with additional non-twisting element: 1 non-twisting element, twist (example: twist up to toe touch)

Elite – 3 element tosses with 2 being twists

Kick double: kick, twist, twist

If the previous rules are accepted for allowing the All-Star Open and Collegiate level All-Girl and Co-ed Partner Stunt divisions, this shift makes sense and allows for a higher level of skills to be added to the scale. Thus putting the current skills that we have for elementary/high school in perspective with older athletes and the current ability/skill level in the cheerleading community. IE: Looking at the big picture, can we really say a double twist basket toss is considered an 'Elite' toss skill when athletes are able to perform layout-full tosses? We should keep a perspective on the entire skill set. This will not only allow room for development but also give athletes something to look forward to in their post secondary years.

Other Rules Affected

If the Senior Limited division is approved, they will only be allowed to perform Novice level Tosses.

Discussion Notes

Passed [x] Denied []

xviii) Rule Revision #18

Submitted by: Mishayla Potts (Executive)

Seconded by: Janelle Schaffer (Campbell Collegiate)

Modify Existing Rule

We have received a lot of feedback about whether or not our current scoring method for pyramids is accurate. Some teams may have easy transitions with advanced stunts and they can earn top marks, but the teams with perhaps intermediate difficulty stunts and really intricate transitions may not earn top marks even though the pyramid is truly difficult with the combination of stunts and transitions. We need a way to differentiate the different types of transitions.

Pyramids (CURRENT)

Beginner	Novice	Intermediate	Advanced	Elite
Majority of stunts are at the beginner stunting level.	Majority of stunts are at the novice stunting level.	Majority of stunts are at the intermediate stunting level.	Majority of stunts are at the advanced stunting level.	Majority of stunts are at the advanced stunting level. Must include 1 transition (9).
		Majority of stunts are at the novice stunting level. Must include 1 transition (5). Allowed for Elementary/Junior.		Majority of stunts are at the advanced stunting level. Must include 2 transitions (10).



Pyramids Transitions (PROPOSED)

Class A	Class B
Does not include twisting and/or does not	Includes twisting and/or changing the
involve changing the stabilizing leg.	stabilizing leg.

Pyramids (PROPOSED)

Beginner	Novice	Intermediate	Advanced	Elite
Majority of stunts are at the beginner stunting level with Class A transitions.	Majority of stunts are at the novice stunting level with Class A transitions.	Majority of stunts are at the intermediate stunting level with Class A transitions.	Majority of stunts are at the advanced stunting level with Class A transitions.	Majority of stunts are at the advanced stunting level with Class B transitions.
	Majority of stunts are at the beginner stunting level with Class B transitions.	Majority of stunts are at the novice stunting level with Class B transitions. (Elementary/Junior)	Majority of stunts are at the intermediate stunting level with Class B transitions.	>50% of athletes must be involved in the pyramid.

If <50% of athletes involved, -1 mark

Rationale

- Our current pyramid DOD does not really allow judges to credit coaches for more creative and difficult transitions and ideas.
- Creativity in pyramid creation is not rewarded in the current DOD. We're at the point where several teams are able to get a 10 for pyramids by simply doing sequences of paper dolls. Sometimes the unique transitions are not only really cool to watch, but are actually quite difficult.
- More emphasis is placed on creativity in transitions rather than trying to push all tops to a high level.

Other Rules Affected

Discussion Notes

Passed [x] Denied []

xix) Rule Revision #19

Submitted by: Denise Norris (Executive) Seconded by: Diane Klemp (Executive)

Modify Existing Rule

Gymnastics DOD Scale

Move cartwheel from Novice to Beginner.

Beginner	Novice	Intermediate	Advanced	Elite
Front Roll	Cartwheel	Back handspring	Back Tuck	Standing Tuck
Dive Roll	Round Off	Aerial	Layout	Layout Full
Cartwheel	Walkover		X Out	

<u>Rationale</u>

 Cartwheel is an easier skill than a round off or a walkover, has been shown this year by the amount of teams incorporating cartwheels.

Other Rules Affected



Discussion Notes

Passed [] Denied [x]

xx) Rule Revision #20

Submitted by: Jennifer Ritchie (Executive)

Seconded by: Tao Chamberlin (Marion Graham Pom)

Modify Existing Rule

Pom Degree of Difficulty Scale

Remove a single Chaine turn from scales, thereby nothing that single Chaine turn not be scored/counted towards spin DOD (Degree of Difficulty) or DOE (Degree of Execution) score.

Rationale

Very hard from judges to see during a routine because they are looking for other elements (kicks, jumps, etc.) and this element usually has a slow rotation and is hard to see compared to other spins. This is a simple element that choreographers use for other purposes (preparations, transitions, etc.) and it bring the overall spin average score down.

Other Rules Affected

May need to be explicitly noted in Rule Book as an exception.

Discussion Notes

Passed [x] Denied []

**** Rule Revisions 21/22/23 are related ****

xxi) Rule Revision #21

Submitted by: Denise Norris (Executive) Seconded by: Diane Klemp (Executive)

New Rule

Degree of Difficulty Scoring

Only the highest-scoring three elements will be scored for DOD categories for stunt and pom. For pom this includes kicks, jumps & 1 for spin. For stunt this includes stunts, pyramids, tosses, jumps and gymnastics.

Rationale

Choreography is difficult when coaches focus on DOD level. Once a team has shown they can complete elements at a certain level. (i.e. advanced or elite) they can then incorporate other skills for effect. Often basic skills work better with choreography or go with the music. Also this will give the cheer teams opportunities to have more creative transitions and use of levels with stunts/pyramids. (i.e. putting in thigh stands, double bases for levels or an end pose). Judging has become too mathematical taking the focus off of creativity and coaches often feel like they must modify routines and leave out elements so they are not penalized for having a basic skill in the routine for variety and creativity.

Other Rules Affected

Related material must be updated.



Discussion Notes

Suggestion from the floor that this be voted on separately for stunt and for pom.

Pom - Passed [] Denied [x] Stunt - Passed [x] Denied []

Stunt passed with the modification that the 'majority' not 'three' elements will be scored. This will be used to help incorporate some less difficult stunts for effect and in transitions without severely affecting the DOD mark by having to average all stunts that occur in the routine. It was also noted that this introduces a decision making part on the judge's behalf that isn't directly calculated. Also, it was mentioned to teams that if the percentage of total stunts is beginner/novice, that their DOD mark will reflect this.

xxii) Rule Revision #22

Submitted by: Jennifer Ritchie (Executive)

Seconded by: Tao Chamberlin (Marion Graham Pom)

*** If Rule Revision #21 is denied, this Revision will be denied automatically ***

New Rule

Degree of Difficulty Scoring

Prior to the start of a competition, teams would submit a form stating the 3 most difficult technical skills in their routine. DOE judge would verify the stated skills are performed, while scoring execution.

Rationale

- Only 4 judges are needed to judge routines instead of 6.
- A regular DOD judge would need to do just as much work to record all skills then pick top 3.
- Lower cost of providing honorariums to DOD judges.
- Coaches already know top 3 skills.
- More efficient system.

Other Rules Affected

Discussion Notes

Passed [] Denied [x]

xxiii) Rule Revision #23

Submitted by: Hillary Ibbott Neiszner (Executive) Seconded by: Alissa Stewart (Executive)

*** If Rule Revision #21 is passed, this Revision will be denied automatically ***

Modify Existing Rule

Pom Degree of Difficulty Scale

Add to the Pom continuum

Combination/series of more than 3 jumps in combination + 1



Jump Continuum:

Jump DOD	Base Mark	100%	Sequence	>3 Jumps	Turning	Preparation	MPS
Beginner	1	+2	+1	+1	+1	+1	6 7
Novice	2	+2	+1	+1	+1	+1	7 8
Intermediate	3	+2	+1	+1	+1	+1	8 9
Advanced	4	+2	+1	+1	+1	+1	9 10
Elite	5	+2	+1	+1	+1	+1	10

Combination/series of more than 8 kicks in combination + 1

Kick Continuum:

Jump DOD	Base Mark	100%	Sequence	>8 Kicks	Connected	Travelling	MPS
Beginner	1	+2	+1	+1	+1	+1	6 7
Novice	2	+2	+1	+1	+1	+1	7 8
Intermediate	3	+2	+1	+1	+1	+1	8 9
Advanced	4	+2	+1	+1	+1	+1	9 10
Elite	5	+2	+1	+1	+1	+1	10

Rationale

- Teams need to be awarded points to recognize the increased difficulty of a jump sequence of more than 3 jumps.
- Kick lines that continue for several measures of music are significantly more challenging, and currently this
 is not reflected in our DOD scale, although many teams are executing kick lines for 16 counts of music or
 more.

Other Rules Affected

Discussion Notes

Passed [] Denied [x]

xxiv)Rule Revision #24

Submitted by: Mishayla Potts (Executive)

Seconded by: Janelle Schaffer (Campbell Collegiate)

New Rule

Motion to add the following Degree of Execution Scale below for Gymnastics.

Rationale

- Currently, we have no DOE scale for Gymnastics.
- Descriptions come from Gym Sask representative.

Gymnastics

Poor (0 – 1)	Good (2 – 3)	Excellent (4 – 5)
 Insufficient height 	 Most elements reach adequate 	Excellent height



- Bent arms and legs; legs apart
- Extra steps/large hops out of landings
- Falls or hands placed on mat
- Performance of connected elements are slow and unstable
- Tumbling line deviates from a straight direction
- Poor synchronization

- height
- Single extra step or small hop to maintain balance
- Fairly stable, elements completed but with effort
- Connected elements have good rhythm
- Most elements are performed in a straight direction
- Most elements are sequences are synchronized
- Landings are controlled and no extra steps are taken
- Precision and sureness is shown
- Arms are straight, legs are straight and together
- Connected elements show flow and ease of transition
- Sequences and landings are synchronized

Other Rules Affected

Discussion Notes

Passed [x] Denied []

xxv) Rule Revision #25

Submitted by: Jennifer Ritchie (Executive)

Seconded by: Tao Chamberlin (Marion Graham Pom)

New Rule

Pom Score Sheets

Move the current 5 points allocated for motions from the DOD score sheet to the DOE score sheet.

Rationale

- DOD judges are currently scoring too many elements and the DOD motion score is not that accurate.
- DOE judges are already looking at motions and could score DOD motions at the same time, therefore
 ensuring greater scoring accuracy.
- No additional technical knowledge required to judge motions.

Other Rules Affected

Discussion Notes

Passed [x] Denied []

xxvi) Rule Revision #26

Submitted by: Carolyn Parr-Hillestad (Bedford Road) Seconded by: Coralee McNarland (Centennial Collegiate)

Motion to Strike a Committee

There needs to be clarification on what some moves are defined as or being judged as so that it is clear to coaches, athletes and judges. Discussion on whether technical elements are in the correct DOD level. Motion to strike a committee to define/update definitions of pom elements as well as take a look at the DOD level of some elements. Some of the elements identified so far which would be talked about:

Kicks

Definition of a Kick, Kick & Hold, Heel Stretch



Stretch, Penche, Needle, Reverse Kick - more clearly defined

Jumps

Calypso/Ballerina Jump Cabriole (Currently not defined) ADD: Barrel Jump to DOD

Turns

Fouette (Currently not defined)
Pirouette in Heel Stretch (Currently not defined)
Turns in Second (Currently not defined)

The committee will be headed by the SCA Pom Judging Director and consists of at least 8 people who are currently involved in pom. The committee will present its definition and degree of difficulty adjustments to the Executive, who will then vote whether to accept the recommendations. Upon a majority vote, the changes will be implemented for the 2009-2010 year.

Other Rules Affected

Related material must be updated.

Discussion Notes

This will be spear-headed by the Pom Judging Director. They will send an email out to all interested Pom members to join the committee. The Pom Judging Director will compile the list of submitted definitions/DOD modifications and include any others that they feel are missing and send it out for approval from the committee. Upon a majority vote, the Pom Judging Director will forward the recommendations to the Executive. Upon a majority Executive vote, the results will be added to the Rule Book for the upcoming year.

Passed [x] Denied []

xxvii) Rule Revision #27

Submitted by: Hillary Ibbott Neiszner (Executive) Seconded by: Alissa Stewart (Executive)

Modify Existing Rule

Modify Terminology

All divisions/rules that currently refer to "cheer" changed to "stunt."

All competitions sanctioned by the SCA are to be called "Cheerleading Competitions" to recognize all members equitably.

Rationale

Cheerleading is a blanket term which should represent all of our members. Those who compete in the
pom division and those who compete in the stunt division. By changing the wording, it provides equality to
all members; cheerleading means pom and stunt. Pom is not the same as dance; no SCA event should be
referred to as 'Dance' or 'Dance Competition.'

Other Rules Affected

All wording updated in Rule Book.

Discussion Notes



Passed [x] Denied []

xxviii) Rule Revision #28

Submitted by: Mishayla Potts (Executive)

Seconded by: Janelle Schaffer (Campbell Collegiate)

Motion to Strike a Committee

Feedback has been received throughout the season stating concern that the cheer technical skills are worth too much on the score sheets. The result of this is teams focusing on technical skills and perhaps attempting advanced skills as this is the way to score high and win.

Taking a general look at the breakdown of skills assessed by our current score sheets:

Elementary/Junior

Total	90 marks	
Technical Skills – Execution	35 marks	Worth 39%
Technical Skills – Difficulty	25 marks	Worth 28%
Routine Skills	30 marks	Worth 33%

This breakdown doesn't appear unbalanced until you add both technical skills scores together

Routine Skills 30 marks/90 marks 33% of total mark Technical Skills 60 marks/90 marks 64% of total mark

Essentially, this is saying that Routine Skills (formations, motions, transitions, overall presentation) are worth half that of Technical Skills. Does this make sense?

Senior

Routine Skills 30 marks Worth 25%
Technical Skills – Difficulty 45 marks Worth 37.5%
Technical Skills – Execution 45 marks Worth 37.5%

Total 120 marks

There is a bit of unbalance here, but wait till you group the technical skills together:

Routine Skills 30 marks/120 marks 25% of total mark Technical Skills 90 marks/120 marks 75% of total mark

WOW! Now we are saying that Routine Skills are worth only <u>a third</u> of what the Technical Skills are worth.

This extreme focus on technical skills really puts creativity and entertaining routines to the wayside.

I make a motion for a committee to be struck to take a look at what we score on our score sheets and make recommendations to the SCA Executive on how they feel the elements on the score sheets should be balanced. The SCA Executive will then take a look at the recommendations and finalize the score sheets for the 2009-2010 year. The committee shall consist of any interested party – coaches, judges, executive, etc. and must confer and present its recommendations to the SCA Executive by June 30th, 2009. The SCA Executive will make its decision and finalize the sheets by July 20th, 2009.

Rationale



Make sure that we're assessing what we feel is important in a routine.

Other Rules Affected

Discussion Notes

Passed [x] Denied []

- b) New Executive Positions Announced
 - (1) Alissa Stewart as Pom Judging Director
- 7) Unfinished Business
- 8) New Business
 - a) Insurance The Executive purchased General Liability (with participant exclusion) and Director & Officer Insurance this year so that the Association and its Executive are protected and able to run the Association in the best interest of its members without worry. The cost of this insurance was \$1200 and is something that the vast majority of associations have.
 - b) Membership Fees Raised from \$40 to \$80 for Regular, Single Memberships and from \$75 to \$150 for Regular, Double Memberships. Associate Memberships will still be \$20. This increase is strictly to cover the addition of Association insurance and ensure it is sustainable for upcoming years. There were no questions or comments from the membership.
 - c) Provincials location possibly looking at non-school facilities.
 - d) Discussions that competitions are encouraged to have a grand champion trophy so that all-star and school can have an aspect to compete together.
 - e) Encourage only the top 3 teams be announced during the awards (director), Todd disagrees
 - f) Brayden motioned that some front tumbling elements (front handspring, punch front, etc.) are added to DOD, Jaclyn Perpeluk Seconded. Put to vote motion passed.
 - g) Todd Knihnitski motioned that the wording 'Gymnastics' is changed to 'Tumbling' throughout the Rule Book, Alissa Stewart seconded. Put to vote motion passed.
 - h) Terri Arnelien requested that 'staff supervisor' be used throughout the Rule Book instead of 'teacher supervisor.' Everyone agreed.
- 9) Announcements
- 10) Adjournment @ 2:15pm